

Alma Ibiza Massage



CARE EXPERIENCE

AN EXPERIENCE FOR YOUR SOUL



YOGA

Start your experience taking care of your body with a totally personalized yoga class, with different styles to choose from



ALMA MASSAGE

Conscious touch and presence.
Breathe and feel with this integrative and holistic massage of 90 minutes



KOBIDO

End your experience pampering your skin and bringing awareness to your facial care.
Enjoy the kobido massage.



This experience is designed for you.

To take care of every part of your body.

To feel you.

To listen to you.

To give you TIME and care.

To love you.

To become aware of every part of you.

to breathe you

To put presence to your physical, mental,
energetic and spiritual body.

Care experience

It is designed for you to enjoy yourself or to give it to someone special to you.

It is an experience that lasts 4 hours where you will enjoy different tools and techniques of self-care and well-being in order to take care of every part of you.

Our plan includes:

Personalized Yoga class. Conscious breathing and meditation

You can choose different styles that suit you:

Hatha-Yoga | Vinyasa-Yoga | Yin-Yoga | yoga nidra

After finishing your yoga practice you can also enjoy a personalized Sonotherapy session, a sound bath where different instruments with high vibrational frequency will be used, to heal from the inside out with the power of sound and vibration.

Holistic and integrative massage | ALMA MASSAGE

Holistic massage session of 90 minutes.

Conscious touch & presence.

An experience created after a fusion of oriental techniques, Californian massage and lomi lomi and conscious listening to what your body needs here and now; accompanied by aromatherapy and energy and body work techniques.

Kobido

Kobido facial massage or organic facial cleansing accompanied by tanaka draining massage

We use the best products chosen for your skin type and we teach you how to take care of it and become aware of the importance of taking care of it so that you look the way you deserve.



RESERVATIONS & CONDITIONS

You can book CARE EXPERIENCE and enjoy it wherever you are.

We move with our mobile service exclusively to your home, hotel or vacation spot or we can choose a place in nature according to your needs.

Price: €295


Extras such as sound bath or added facial treatments have an additional cost

We have gift cards for you to surprise your favorite person with a maximum term of 3 months for its realization

The reservation is made with a minimum period of 48 hours in advance.

CONTACT & BOOKINGS

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